

BIFTECKS DE SANGLIER

WILD BOAR STEAKS

Valeur nutritive

Nutrition Facts

Par bifteck (112 g) / Per Steak (112g)

Teneur
Amount

% Valeur quotidienne
% Daily Value

Calories / Calories 120

Lipides / Fat 2.5 g 4%

Saturés / Saturated 0.7 g 4%
+ Trans / Trans 0 g

Cholesterol / Cholestérol 55 mg

Sodium / Sodium 55 mg 2%

Glucides / Carbohydrate 0 g 0%

Fibres / Fiber 0 g 0%

Sucres / Sugars 0 g

Protéines / Protein 25 g

Vitamine A / Vitamin A 0%

Vitamine C / Vitamin C 0%

Calcium / Calcium 0%

Fer / Iron 8%