

# AUTRUCHE HACHÉ

## OSTRICH GROUND

### Valeur nutritive

### Nutrition Facts

Portion 4 oz (112 g) Serving Size 4 oz. (112g)

Portions par contenant 2.5 / Servings per container 2.5

Teneur Amount	% Valeur quotidienne % Daily Value
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**Calories / Calories 110**

**Lipides / Fat 0.7 g 1%**

Saturés / Saturated 0.2 g	1%
+ Trans / Trans 0 g	

**Cholesterol / Cholestérol 20 mg**

**Sodium / Sodium 20 mg 1%**

**Glucides / Carbohydrate 0 g 0%**

Fibres / Fiber 0 g 0%

Sucres / Sugars 0 g

**Protéines / Protein 27 g**

Vitamine A / Vitamin A 0%

Vitamine C / Vitamin C 0%

Calcium / Calcium 0%

Fer / Iron 8%