

BIFTECKS DE BISON/BISON STEAKS

Valeur nutritive Nutrition Facts

Par bifteck (112 g) / Per Steak (112g)

Teneur
Amount

% Valeur quotidienne
% Daily Value

Calories / Calories 110

Lipides / Fat 1.5 g 2%

Saturés / Saturated 0.5 g 3%
+ Trans / Trans 0 g

Cholesterol / Cholestérol 50 mg

Sodium / Sodium 45 mg 2%

Glucides / Carbohydrate 0 g 0%

Fibres / Fiber 0 g 0%

Sucres / Sugars 0 g

Protéines / Protein 23 g

Vitamine A / Vitamin A 0%

Vitamine C / Vitamin C 0%

Calcium / Calcium 0%

Fer / Iron 15%